

Amer Kaissi, Ph.D. Speaker press kit

Inspiration and innovation from experienced healthcare speakers

Providing on-site training for your leaders is a fast and economical way to bring your entire team up-to-speed on the industry's hottest topics and create organizationwide urgency to execute change. Huron's speakers and authors bring up-to-the-minute knowledge from their work in healthcare organizations across the U.S. and beyond.

We are more than a speakers' bureau. Our speakers are results-driven performance experts who are directly involved in crafting solutions to some of your most pressing problems, including financial challenges, patient safety and quality, pay for performance, and more.

Prior to your event, Huron speakers and our support team work side-by-side with you to develop a fully customized presentation to meet your needs, regardless of the topic, size of your group, or purpose of the training. From physician retreats to Leadership Development Institutes (LDIs) to senior leader meetings, Huron speakers deliver the perfect balance of inspiration and education for every audience.





Amer Kaissi, Ph.D.

NATIONAL SPEAKER

Videos:

2024 Reel White Cloud Media Group 2024 White Cloud Media Group 2024 #2

Amer Kaissi is an award-winning professor of leadership, executive coach, and author. He has spent the last 25 years researching, understanding, and evaluating evidence-based practices that create intentionality for leaders to reverse their ineffective behaviors. As a sought-after coach for top-level executives, he has worked closely with hundreds of leaders and teams to apply these practices to change mindsets and behaviors, transform organizational cultures, and show that humility with ambition is the solution to leadership challenges. He is the author of four books on leadership and high performance, including *Humbitious: The Power of Low-Ego, High-Drive Leadership*. He is a sports fanatic and a hummus addict, and he lives with his wife and two teenagers in San Antonio.

Professional experience

Dr. Kaissi joined the faculty of Trinity University in 2003 after earning a Ph.D. in health services administration from the University of Minnesota. Prior to that, he earned a Master of Public Health with a concentration in hospital administration from the American University of Beirut in his native Lebanon. At Trinity, Dr. Kaissi teaches leadership, professional development, and public speaking courses. His research focuses on leadership, coaching, and strategy. He also consults with hospitals and healthcare organizations on their strategic planning efforts.

Industry speaking engagements

- Blue Cross Blue Shield, TX
- MD Anderson Cancer Center, TX
- Kentucky Hospital Association
- Montana Hospital Association
- Mental Health Corporation of America
- Cooper University Health, Cambridge, NJ
- CHI- Midwest Critical Access Hospital Conference, ND
- Dana Farber Cancer Institute, Boston, MA
- Ochsner Healthy System, New Orleans, LA
- University of Pittsburgh Medical Center
- Catholic Health System, Buffalo, NY
- American College of Healthcare Executives (ACHE)
- Ascension St. Agnes Healthcare
- Cerner Executive Summit
- Cleveland Clinic, Abu Dhabi, United Arab Emirates (UAE)
- Community Health Center Inc., Davenport, IA
- HCA Healthcare's Urgent Care Division
- Hotel Dieu Grace Healthcare, Windsor, Ontario, Canada

Education and certifications

- Ph.D. in Health Services Research, Policy and Administration, University of Minnesota, Minnesota
- · Certificate in Executive Coaching, College of Executive Coaching, Arroyo Grande, California
- Certificate in Physician Coaching, Physician Coaching Institute, Bellevue, Washington
- Graduate Program in Professional Speaking at "Heroic Public Speaking"

Professional associations

- Member, American College of Healthcare Executives (ACHE)
- Member, National Speakers Association

Publications

- Kaissi, A. "To Know Physicians, Shadow Them." Healthcare Executive Journal. May 2024.
- Kaissi, A. "Humbitious: Why Low-Ego and High-Drive is the Way to Lead through Healthcare Challenges".
 Meditech Newsletter, August, 2023
- Kaissi, A. "Team Resilience in Healthcare Leadership." South Texas Chapter of ACHE Newsletter. April 2023.
- Kaissi, A. "From Self-Centered to Humbitious: How a Hospital Executive Discovered his Blind Spots and Improved his Self-Awareness". Impact Victory Magazine, October 2022.
- Kaissi, A. "Humbitious: The Power of Low-Ego, High-Drive Leadership". American College of Healthcare Executives, Alaska Chapter Newsletter, Quarter 2, Summer 2022. http://newsmanager.commpartners.com/acheak/issues/2022-03-18/3.html
- Kaissi, A. "Humbitious: The Power of Low-Ego, High-Drive Leadership". Thrive Global. January 2022. https://thriveglobal.com/stories/the-power-of-low-ego-high-drive-leadership/
- Kaissi, A. "Inspiring and Leading Change in Turbulent Times: The Role of Resilience in Healthcare Leadership." Management in Healthcare. 2022.
- Kaissi, A. Angus, L. "Brand Recovery for Leaders." Healthcare Executive Journal. March 2021.
- Kaissi, A. "Leading Through Crises with Humility & Strength: Lessons from New Zealand." Trinity University Magazine. Spring 2020.
- Kaissi, A. "Balancing Humility & Confidence among Early Careerists." American College of Healthcare Executives (ACHE) Early Career Newsletter. March 2019.
- Kaissi, A. Applegren, E. "Can a Golfer Learn to Quarterback? Coaching Physician Leaders into High Performance." Group Practice Journal (AMGA). February 2018.
- Kaissi, A. "How to be a 'Humbitious' Leader?" Healthcare Executive Journal (ACHE). November/December 2017.
- Kaissi, A. "Stuck in Transition? Insights for New Physician Leaders" San Antonio Medicine. 70(9). 14-16. September 2017.

Popular topics include:

Exceptional Leadership through Trust & Accountability: The Power of Positive Intent **Length:** Keynote, Half-day, Full day

Amidst unrelenting organizational pressures and increasing societal negativity, some leaders may struggle with establishing trust and building deep collaborative relationships with their peers and team members. Amer argues that exceptional leaders switch their mindset and assume positive intent by giving others the benefit of the doubt, while still holding them accountable for their words and actions. Drawing on the latest research and examples from his coaching practice, he shares how leaders can build collaborative teams and organizations that focus on trust and accountable positivity, and in the process improve their own contentment and well-being.

Learning Objectives:

- Discover the power of the positive intent mindset
- Develop leadership skills and behaviors that balance trust with accountability
- Build teams and organizations based on accountable positivity

Humbitious leadership in times of change: How to connect with humility and elevate with ambition

Length: Keynote, Half-day, Full day

In today's dynamic business landscape, improving employee engagement and sparking innovation and creativity is an uphill battle for most leaders. In this session, Amer shows that leaders who have the confidence to make hard decisions in uncertain environments and the humility to admit mistakes can better connect with their team members while empowering them to integrate novel ideas into how they solve problems. Building on the latest research evidence and his experience as a coach with high-level executives, he makes a convincing argument that humbitious leadership is the best way to lead the future. **Learning Objectives:**

- Discover the power of self-awareness, open-mindedness, and appreciation
- Develop leadership skills and behaviors that balance humility with ambition
- Build humbitious cultures where turnover is minimal, teams are highly engaged, and innovation is sparked

Shattering resilience myths in leadership: Key behaviors for self-care and caring for others

Length: Keynote, Half-day, Full day

In today's challenging work environment, organizations and leaders face serious stressors resulting in burnout and chronic fatigue. Amer argues that leaders can influence and impact their team's and organization's resilience and engagement. But to do that, they must build and maintain their own self-resilience first. Drawing on the latest research and compelling case studies from his coaching practices, he shares a practical model of resilience focusing on the importance of realistic optimism, compassion, and gratitude on the one hand, and self-care behaviors such as short reflections, strategic breaks, and calendar triage on the other.

Learning objectives:

- Discover the power of realistic optimism, compassion, and gratitude
- Develop leadership skills and behaviors that balance self-care with caring for others
- Build resilient cultures where burnout is reduced and teams are highly engaged

Is your team as effective as kindergartners? How leaders create a culture of psychological safety and accountability

Length: Keynote, Half-day, Full day

Amidst the unrelenting organizational changes, leaders may hesitate to hold their team members accountable for fear of driving them over the edge. They default to "comfort cultures" where low performance is tolerated, and difficult conversations are avoided. Amer argues that the best leaders are who balance psychologically safe cultures where team members can speak up and contribute with accountability systems where high performers thrive. Drawing on the latest research and examples from his coaching practices, he shares how leaders can build and maintain psychological safety while having necessary difficult conversations.

Learning objectives:

- Discover the power of psychological safety and open-mindedness
- Develop leadership skills and behaviors to have necessary difficult conversations
- Build learning cultures where mistakes are not covered, and teams are challenged to achieve high performance

Keeping jerks out: selection and retention practices for building humbitious teams **Length**: Keynote, Half-day, Full day

In today's dynamic business landscape, selecting and retaining top talent is of utmost importance for most leaders. In this session, Amer argues that existing selection and retention practices are inadequate for attracting humbitious applicants and for keeping narcissists, jerks, and toxic personalities out of teams and organizations. Building on the latest research evidence and his experience as a coach with high-level executives and teams, he makes a convincing argument that hiring leaders should not overly rely on the interview process with its traditional questions. Instead, they must create ample opportunities to observe the true nature of their applicants. When hiring leaders, acquire the skills required to identify team members who can collaborate and work well with others to build and maintain teams that balance humility with ambition, i.e., humbitious teams.

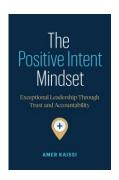
Learning objectives:

- Identify narcissists, jerks, and toxic personalities
- Develop skills to keep narcissists and jerks out of their teams and organizations
- Build humbitious teams where turnover is minimal, team members are highly engaged, and innovation is sparked

Authored resources

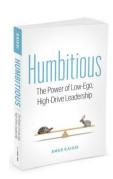
The Positive Intent Mindset: Exceptional Leadership Through Trust & Accountability

This book is a road map for cultivating empathy, humility, forgiveness, and reality testing. The Positive Intent Mindset helps leaders replace fear, insecurity, and self-protection with realistic optimism and clarity. The payoff is enormous: a workplace that attracts and keeps top talent, builds loyal clients, and sustains long-term success. Award-winning professor of leadership Amer Kaissi provides an evidence-based approach to human relationships, giving managers, executives, and other business leaders the skills to rewire their assumptions and create cultures of accountable positivity. This is not just a book about leadership—it's a guide to building a more fulfilling, connected, and successful life.



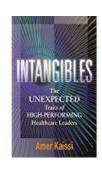
Humbitious: The Power of Low-Ego, High-Drive Leadership

One of the most common myths about leadership is that arrogant, over-confident people are better leaders. *Humbitious* shatters that myth. Amer Kaissi, an award-winning professor at Trinity University, brings his years of experience as an executive coach together with extensive research to show that the most effective, high-performing leaders combine deep, realistic humility with ambition and drive. Humbitious is a solid, intelligent, clear, and engaging book that uses the stories of individual leaders to illuminate the dimensions of humble leadership in its relation to others and to oneself.



Intangibles: The Unexpected Traits of High-Performing Healthcare Leaders

As a leader, is it possible to be both successful and humble? Studies show that today's emerging leaders not only prioritize achievement over humility but also see the two as mutually exclusive. Does this signal an existential crisis for healthcare, an industry that, at its essence, is supposed to embody humility and compassion? Thankfully, no, according to Intangibles: The Unexpected Traits of High-Performing Healthcare Leaders, which demonstrates that you can embrace humility and still be excellent at your job.



What organizations are saying

"Dr. Kaissi captured attention with his inspiring content, leaving attendees wanting more. His session was highly regarded and received exceptional reviews. Not only is Dr. Kaissi a fantastic presenter, but he is also kind, gracious, and a true professional."

~ Director of Business Strategy, Surgical Hospital

"Dr. Kaissi delivered an outstanding program that engaged a room full of doctors on the traits of highperforming healthcare leaders. He is a gifted speaker, a skilled researcher, a pragmatic strategist, and a coach who embodies the leadership principles he espouses in his books."

~ Chair of Psychiatry, University Medical Center

"Practical and insightful, Amer guided our group through a very thoughtful session. He successfully established an inviting, authentic, open, and real candor and relatability that allowed attendees to engage, challenge, and discover how they may accelerate their journey to establishing high-performing, highly reliable, and high relationship teams."

~ CEO, University Health Science Center

"Dr. Kaissi used empirical research coupled with applicable stories to guide the audience through five often overlooked behaviors of effective leaders. Specifically, he outlined how effective leaders are self-aware, display mindfulness, are compassionate and humble, and exhibit kindness. I found myself motivated to work on developing these traits in my professional and personal areas of responsibility. Thank you, Dr. Kaissi, for the motivated training and coaching you provided to all the attendees."

~ Regional Vice President, Radiology Practice



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