

The Journey to Resilience: A Leader's Road Map to Organizational, Team and Individual Resilience

An Interactive, Virtual Workshop

During this Huron | Studer Group "Journey to Resilience" workshop, you will learn the principles of resilience and explore what work-life blend means to you, your team and your organization. Our expert coaches with decades of real-life experience with building resilience will facilitate interactive skill-building activities that enforce learning with tools and resources available to download during and after the event.

***All times are shown in the Central time zone (CT)*

***Eligible for 3.5 Continuing Education (CE) Credits*

Virtual Workshop Agenda – Thursday, December 3, 2020

9:30 AM	Virtual lobby open for early login, testing and technical assistance
10:00 – 11:15 AM	Huron's Resilience Model Understand the impact of resilience on an organization, team & individual
	Connect to Purpose A personal story of powerful resilience
	Panel Discussion Best Practices on Creating a Resilient Organization
11:15 AM	5-Minute Break
11:20 – 12:10 PM	Explore opportunities, components and tools leaders can use to build team resilience.
	Team Resilience Interactive discussion and scenario breakout to discuss psychological safety and practical ways to foster resilience with your team.
12:10 PM	20-Minute Break
12:30 – 1:25 PM	Overview on individual resilience and how increasing optimism can strengthen your ability to bounce back from adversity.
	Individual Resilience Self-Assessment Interactive discussion and scenario breakout to explore how living personal values can increase resilience during tough times.
1:25 PM	5-Minute Break
1:30 – 2:00 PM	Closing Keynote

** This agenda is subject to change. Please visit the registration website for updates.